Hospital Checklist

You've got this, mama! Take a deep breath, and let's get ready to welcome your little one into this world

For Mom

- [ ] Insurance Card
- [ ] List of Medications
- [ ] Pregnancy Record
- [ ] Birth Plan
- [ ] Hospital Card
- [ ] Nursing Bra
- [ ] Pajama (2 pairs)
- [ ] Maxi dress: for back home
- [ ] Mesh Underwear (3-4)
- [ ] Robe/Gown
- [ ] Peribottle
- [ ] Postpartum Pad (7-9)
- [ ] Toothbrush
- [ ] Toothpaste
- [ ] Shampoo
- [ ] Unscented lotion
- [ ] Lip Balm
- [ ] Hairbrush
- [ ] Hair Ties
- [ ] Glasses/Contacts
- [ ] Handfan
- [ ] Slippers
- [ ] Humidifier
- [ ] Portable Bluetooth Speaker
- [ ] Snacks (candies, carrots,...)
- [ ] Electrolytes/ drinks
- [ ] Phone Charger
- [ ] Power Bank
- [ ] Socks with Grip (1-2 pair)
- [ ] White Noise Machine
- [ ] Nipple Cream

For Baby

- [ ] Car seat
- [ ] Swaddle Blanket
- [ ] Outfit for Back Home
- [ ] Scratch Mittens
- [ ] Baby Wipes
- [ ] Newborn Diapers

For Support Partner

- [ ] Change of Clothes
- [ ] List of Important Contacts
- [ ] Blanket
- [ ] Pillow
- [ ] Undergarments
- [ ] Snaitizer
- [ ] Body Cream
- [ ] Deodrant
- [ ] Toothbrush
- [ ] Toothpaste
- [ ] Medications
- [ ] Book/iPAD/Laptop

Baby Brands Gift Club